

Thankful for the opportunity to help neighbors

The West Chester Food Cupboard is a not-for-profit organization on Gay Street, providing food assistance to West Chester residents in need. It lives up to its slogan, "neighbors caring for neighbors." Among those neighbors are Dr. Ron Briglia and the team at Total Confidence Dentistry.



The food bank's mission is simple – "We believe that no one should go hungry and that there is enough food for everyone." In support of this mission, and as a West Chester Rotary Club member, Dr. Briglia will be sponsoring the West Chester Food Cupboard for Thanksgiving 2011 and on an on-going basis.

Our team at Total Confidence Dentistry will be collecting fresh fruits and vegetables, non-perishable food items, personal care and household items. Items for the Food Cupboard can be dropped off at our dental office at 600 East Marshall Street, Suite 201 in West Chester, Pa. We are asking our patients and non-patient community members to think about dropping off one or two needed items from the lists at our office or at the Food Cupboard. We have many patient visits each month, and if each patient can bring in one item from the lists, it would make a huge difference for the less fortunate members of our community. We will be a drop off point where items can be donated at our office during business hours and after outside our second floor office. Please call our office if you have any questions about our program to provide support to the Food Cupboard. The following items are needed regularly to stock the West Chester Food Cupboard's shelves:



Food Items

- Canned fruit
- Canned meat
- Pasta
- Macaroni and cheese
- Spaghetti sauce
- Cereal
- Fruit juice
- Salad dressings
- Condiments
- Soup
- Beans
- Beans and rice
- Rice (1 lb bags)
- Instant potatoes

- Stuffing mix
- Fresh fruits and vegetables

Personal Care and Household Items



- Bars of soap
- Shampoo
- Deodorants
- Diapers
- Disposable razors
- Toothpaste
- Toothbrushes
- Toilet paper
- Paper towels
- Kleenex
- Dish and laundry detergent
- All-purpose cleaner

Thanksgiving is a wonderful time for most of us. An occasion when we embrace time spent with family and friends; conversations shared over a table laden with good food. But there are plenty of Americans – many right here in Chester County – that do not have enough nourishment on Thanksgiving Day or the other 364 days of the year. You can help bring them the simple dignity of putting food on the table for their families by making a donation of a canned or dry good item.

Community members in need, who come to the Food Cupboard are very appreciative of the outpouring of support they receive by your donated "gifts." Any item from the list that you can contribute will make a difference in the lives of our West Chester families in need. Small donations by many people really add up for a great cause.

Dr. Briglia, and the Total Confidence Dentistry team will see that all donations reach the Food Cupboard.

For information on more ways you can volunteer, or if you know someone in need, visit <http://westchesterfoodcupboard.blogspot.com/>. Please join Dr. Briglia and Total Confidence Dentistry in providing a healthy, satisfying holiday season for less fortunate West Chester families.